



Escape to paradise

BULA, FIJI!

Reset your clock to island time in the South Pacific

TIP
Make the most of the family-friendly activities like Jackie O and daughter Kitty, or escape for a romantic rendezvous like Sophie Monk and her *Bachelorette* beau Stu Laundry.



Actress Shay Mitchell loves the relaxing holiday hotspot



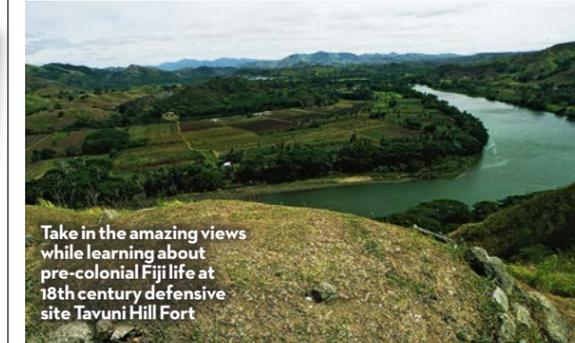
The Mamanuca group is made up of 20 lush palm-fringed islands

Explore FIJI'S ISLANDS

If you're staying on the mainland, you can still get a taste of secluded island life with a day trip to one of the beautiful Mamanuca and Yasawa Islands. Departing from tourist hub Port Denarau, South Sea Cruises will transport you to your chosen paradise, where you can use your free time to snorkel or kayak the breathtaking coral reefs, or sip on a cocktail with your feet in the sand. Castaway guests can discover the surrounding islands via the resort-run speedboat tours. The Modriki day trip is a must-do for *Castaway* fans – movie buffs will be treated to a tour of the flick's filming location and a champagne brunch to boot!



The food doesn't get much fresher than the offerings at the vibrant produce markets in Sigatoka



Take in the amazing views while learning about pre-colonial Fiji life at 18th century defensive site Tavuni Hill Fort

Visit SIGATOKA MARKETS

Foodies will love the Sigatoka Produce Markets. Held every Saturday in the town centre, the marketplace serves up an amazing array of fruits and vegetables, fish, spices and kava from the valley – named 'Fiji's salad bowl' for its quality produce. Bring your goodies with you for a short drive up to the historical Tavuni Hill Fort for spectacular views of the valley, before heading down to the Sigatoka sand dunes – a must-see natural wonder. Take the two-hour trail walk to experience the full beauty of this breathtaking national park.

Eat & drink 1808

After a hard day of relaxing on Castaway Island, be sure to try the resort's dreamy dining experience at Restaurant 1808. With the waves at your feet and stars overhead, you'll be treated to a unique Fijian-Asian fusion menu made from local organic ingredients. For Outrigger guests, visit the resort's highest point, Kalokalo bar, for a cocktail and unimpeded ocean views before heading to the Ivi Restaurant for some award-winning Pacific continental cuisine.



Enjoy stunning views while you feast at Castaway's Water's Edge Restaurant and Restaurant 1808 (above)



Chill out at the Outrigger's adults-only pool and swim-up bar

Stay CASTAWAY ISLAND

Make like Tom Hanks and maroon yourself on a secluded oasis (survival skills and volleyball BFF optional). You'll feel worlds away at Castaway Island Resort, but you definitely won't be left hungry or bored, with four dining venues and plenty of ways to relax or play. For the ultimate family-friendly experience, stay on the main island at Outrigger Fiji Beach Resort, where parents can take advantage of the Meimei Nanny Service. With its very own award-winning spa, adults-only area, kids' club and Kula Wild Adventure Park



Enjoy ocean views from the comfort of your bure at Castaway Island Resort

– Fiji's only wildlife park – next door, there really is something for everyone. Both resorts are home to traditional bures – freestanding bungalows that will have you feeling immersed in island life, but with all the comfort and services of a hotel.



You'll be greeted with endless surf, sand and smiles at Castaway Island



A trip to Fiji wouldn't be complete without experiencing a kava ceremony, where you'll get to try the traditional drink

Experience VILLAGE LIFE

You don't have to venture far to experience the country's rich culture, with traditional performances and cooking demonstrations on offer at many of the resorts. For a taste of the real Fiji, hop aboard the Sigatoka River Safari jetboat, which will take you on a scenic cruise to one of the valley's many villages, where you'll be treated to a Fijian lunch with a side of singing and dancing with the locals.

