



**BEST FOR A DIGITAL DETOX**  
**CASTAWAY ISLAND, FIJI**

The name says it all. On Castaway Island, one of the Mamanuca Island group 30 kilometres off Fiji's main island Viti Levu, you can cast away all your electronics and truly live in the moment. Here there is no provision for television, phones or

wifi in the bures. Castaway is the ideal holiday destination for those who want to disconnect from technology and reconnect with their family and friends. Though if you really need to update your social media, wifi is available at the two main restaurants and bars. Here, there are two pools – one for adults with a swim-up bar and jacuzzi

and one for families with pool toys, a mocktail bar and shade cloth. There's an array of free water activities from snorkelling to windsurfing available on the white-sanded beach. The resort also contains a tennis court, running track and beach volleyball court. Guests can combine a family holiday with educational experiences around the resort's environmental programs including reef conservation initiative OZONE, where they can help to build a fish sanctuary, one coral head at a time. [castawayfiji.com](http://castawayfiji.com).

**NO MATTER WHAT TYPE OF HOLIDAY YOU DESIRE, THERE'S AN ISLAND IN THE SOUTH PACIFIC WITH YOUR NAME ON IT**

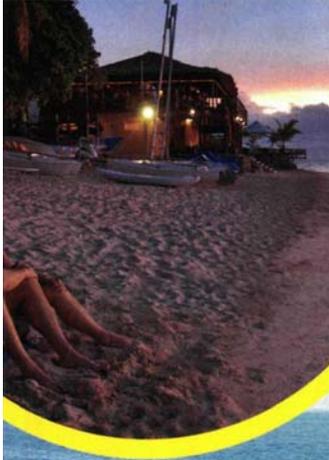
**THE BEST OF THE SOUTH PACIFIC**

**BEST FOR ADVENTURE**  
**MATAFONUVA, TONGA**

Think unspoiled beaches where below the water lies incredible sea life that you can explore by snorkelling or scuba diving. Think viewing humpback whales and their calves as they migrate.

Welcome to Matafonua Lodge, a glorious slice of heaven located in the elbow of Ha'ano and Foa islands in Tonga. Matafonua Lodge and sister property Sandy Beach Resort are situated 400

metres apart on one of the South Pacific's most beautiful beaches. Matafonua is more of a family-friendly resort with private beachfront fales (thatched huts) set in tropical gardens. A highlight is watching whales up-close and swimming with and learning about them as they frolic on daily trips. Be sure to bring your camera – and a sense of adventure. [matafonua.com](http://matafonua.com).



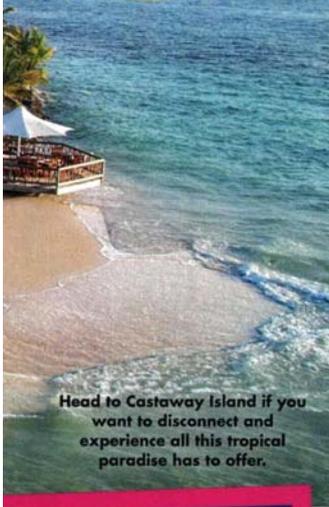
**BEST FOR A DESTINATION WEDDING  
OUTRIGGER FIJI BEACH RESORT**

Gather your friends and family for a wedding to remember for eternity at Outrigger Fiji Beach Resort. Set on a white beach among 15ha of lush gardens, it's a popular location. And there is a strict rule that makes it even more appealing. Only one wedding is to be held on any one day so that the betrothed have full use of all of the resort's facilities and services. Couples who wish to embrace local culture have the option of choosing a traditional Fijian ceremony in authentic dress. There's a chapel onsite – the hilltop Bure Ni Loloma chapel – as well as spectacular backdrops for photography.

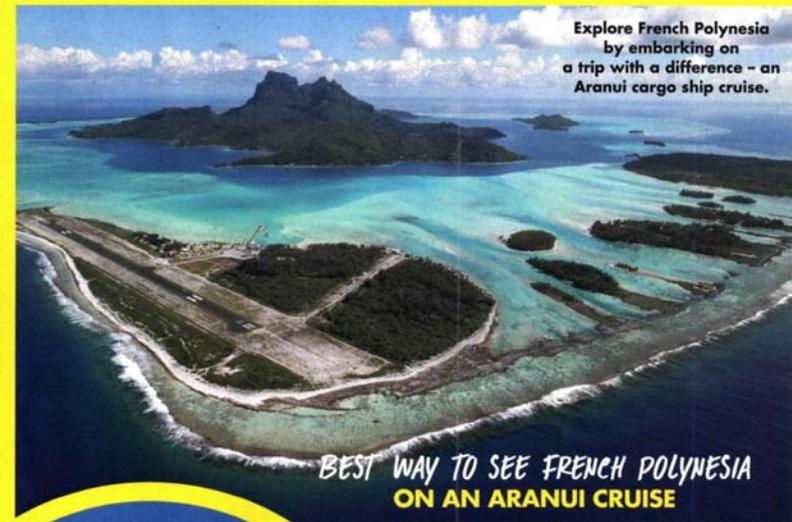
One of the reasons for its popularity (other than being very affordable compared to getting married in Australia) is that wedding guests can combine a holiday and have the enjoyment of two great experiences – a South Pacific wedding and a family vacation. Another reason? The food and service here are second to none. The resort has a range of wedding packages. [outriggerfiji.com](http://outriggerfiji.com).



**NEW TRAVEL**



Head to Castaway Island if you want to disconnect and experience all this tropical paradise has to offer.



Explore French Polynesia by embarking on a trip with a difference – an Aranui cargo ship cruise.

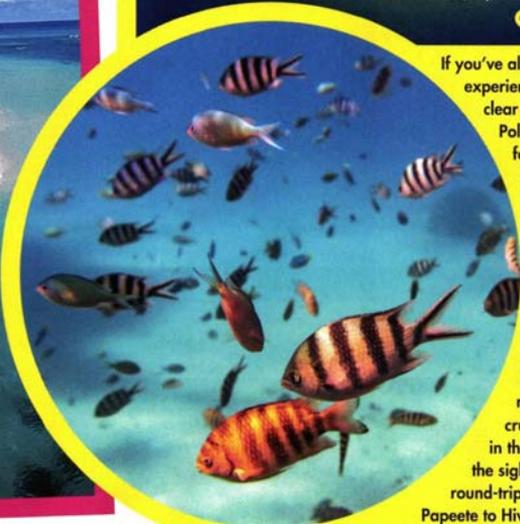
**BEST WAY TO SEE FRENCH POLYNESIA  
ON AN ARANUI CRUISE**

If you've always wanted to experience the incredibly clear waters of French Polynesia we've found the best way – via a cargo cruise. Aranui Cruises' 125-metre mixed cargo and passenger vessel Aranui 5 is one of the few remaining cargo cruise experiences in the world. See all the sights on a 13-day, round-trip voyage from Papeete to Hiva Oa, Nuku

Hiva, Ua Pou, Ua Huka, Tahuata and Fatu Hiva in the Marquesas; Bora Bora in the Society Islands; and Rangiroa and Fakarava in the Tuamotus.

At each port, guests disembark and enjoy a range of complimentary guided excursions, including hikes, 4WD tours, local feasts and visits to archaeological sites. One highlight is a visit to the lagoon in Bora Bora for the chance to snorkel, dive and swim with rays and sharks on a range of optional excursions, as well as enjoy a barbecue picnic on a private island.

Aranui 5 has a restaurant, lounges, library, boutique, swimming pool, gym, spa and four bars, including the popular Sky bar. [aranuicruises.com.au](http://aranuicruises.com.au).





**BEST FOR FAMILIES**  
**IRIRIKI ISLAND RESORT & SPA, VANUATU**

Not only is Vanuatu a short plane trip from Australia's east coast (3 hours max), once you get there you know the family will be well and truly catered for at Iririki Island Resort and Spa. While you laze by the pool or enjoy a spa treatment on the highest peak of the island, you are safe in the knowledge the little ones are well looked after in the complimentary Kids' Club. You'll know they are

having fun with arts and crafts, nature walks and outdoor games. This island is only a three minute ferry ride from Port Vila harbour and has eight accommodation options, from overwater bungalows to a tri-level penthouse. There are five dining venues to try out, with ingredients sourced from Iririki Island's market or the mainland. [iririki.com](http://iririki.com).

Rarotonga is home to rugged mountains and clear lagoons.

**BEST FOR A WELL-ROUNDED ESCAPE**  
**RAROTONGA, COOK ISLANDS**

The largest of the Cook Islands, Rarotonga, offers pristine beaches, rich cultural activities and no high-rise resorts or traffic lights. This is paradise. Start by exploring the countryside on the Storytellers Eco Cycle Tour, where you'll cycle through the jungle areas of Rarotonga while learning about local culture and history of the

Polynesian heritage. Then head out to Muri lagoon, where you can explore the crystal clear waters filled with sea life through a glass bottom boat before heading out to one of the motus (islets) for lunch with Koka Lagoon Cruises. Afterwards stick around to check out the Muri Night Market. Why not try the local barbecue? [cookislands.travel](http://cookislands.travel).